



BCG vaccine in children and development of tuberculosis: it has a real protective effect in endemic population?

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BACKGROUND

Tuberculosis (TB) is a neglected disease which estimates one-third of world's population to be infected. The incidence of pediatric TB is 6% of total incident cases (8.6 millions) and the mortality 8% (74.000) of total deaths among HIV negative. Children are more vulnerable to develop severe forms of TB and the diagnosis is subjective and not easy to confirm, as so, people living with HIV have a risk 30 times higher to be infected with TB than population HIV negative. In Brazil, BCG's vaccination is mandatory at birth. Vaccines are considered safe, preventive and cost-effective. However, World strategies for decrease TB haven't effectively succeeded, because of difficulties in precise diagnosis and delay on beginning treatment, despite vaccination. Recife (Pernambuco State, Brazil), is an endemic region for tuberculosis (78.3 cases/100.000hab) and has high taxes of coinfection TB/HIV. Beside the majority vaccination of all birth children, the cases of childhood TB and in adults is still very high. This study evaluated the protective action of BCG on vaccinated patients (children and adults).

METHODS

Two different groups of children (≥ 15 years of age), from hospitals of Recife, Pernambuco, Brazil were analyzed for tuberculosis: Group A (data collected between 2003-2006) and Group B (data collected between 2011-2016). A third group, of adults (data collected between 2011-2016) was also analyzed. To confirm the disease, the gold-standard was clinical criteria and specific treatment response, according to WHO guidelines for TB. All statistical conclusion was made on 5% of significance and data were analyzed on SPSS by X² test and Binary logistic regression. The reference-test to confirm TB was a criteria based on clinical symptoms, radiological profile, epidemiological history or laboratorial exams and therapeutic response. Statistical analyses were done on SPSS20.0 and on OpenEpi. All the conclusions were taken on 5% of significance. The study were developed at Immunoepidemiology Laboratory at Instituto Aggeu Magalhães/FIOCRUZ, in Recife-Pernambuco, Brazil.

OBJECTIVES

Evaluate the real protect effect of BCG vaccine in children who lives in endemic region of TB. To compare the protective effect of BCG between children and adults with TB.

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RESULTS

Two database of different chronological studies were compared. The first study was performed between 2003-2007 including only children (Group A); the second study was performed between 2009 and 2014 with children and adults (Group B). Were included 295 children (Group A = 198; Group B = 97), whose 3 of them were HIV positive. And 159 adults were included from group B database, where 83 of them were known HIV positive. Evaluating all groups together by epidemiological data, follow are the results: on adult's group, the majority was men (55.4%) and the mean age of this group was 40.9 \pm 15.5 years of age. The mean age on group A was 6.6 \pm 3.9 years old and, on group B, it was 7.51 \pm 4.9. The kind of TB, *per* group, on patients with scar of BCG are detailed on table 1.

In both children groups, there were no statistical difference (p=0,26) between have scar of BCG and developed TB (latent or active), even in kids with contact with bacilliferous adult. The variables "to have BCG's scar" and "have or not TB" in adult's group, were statistically different: p=0,02 (Table 2). The variable "having contact with bacilliferous TB" was also measured on groups associated with TB diagnosis.

Table 1: Frequency of clinical forms of TB in for BCG vaccinated patients.

Clinical form of TB	Frequency (%)		
	Group A	Group B	Adults
Pulmonary	52 (65.8)	18 (54.5)	34 (63)
Pleural	3 (3.8)	3 (9.1)	4 (7.4)
Ganglionary	13 (16.5)	6 (18.2)	2 (3.7)
Meningitis	1 (1.3)	1 (3)	0 (0)
Miliary	3 (3.8)	1 (3)	6 (11.1)
Bone	2 (2.5)	1 (3)	2 (3.7)
Other EPTB	5 (6.3)	3 (9.1)	6 (11.1)
Total	79 (100)	33 (100)	54 (100)

Table 2: Binary logistic regression for skin test result and BCG's scar versus diagnosis of TB (latent or active) or not TB (Group A and B, respectively).

Step	Variables in the Equation – GROUP A						Variables in the Equation – GROUP B					
	B	S.E.	Wal	d	Sig.	Exp(B)	B	S.E.	Wal	d	Sig.	Exp(B)
1 ^a												
	Scar of BCG	1,13	0,83	1,86	0,1	0,32	Scar of BCG	1,50	1,1	1,79	0,18	4,516
2 ^a												
	Const	1,09	0,81	1,81	0,1	0,3	Const	1,60	1,0	2,15	0,14	0,200
3 ^a												
	ant	9	6	0	78	7	ant	9	95	9	2	0,200

a. Variable(s) entered on step 1: scar of BCG.
 b. Variable(s) entered on step 1: Scar of BCG.
 c. Variable(s) entered on step 1: Scar of BCG.
 The presence of BCG vaccine in children and adults with TB (mainly in early childhood). The presence of HIV was not analyzed related to protective effect on BCG against TB. This analyze must be done to minimize possible bias, especially in adults. Further studies with more patients and in other endemic regions should be performed, as so for a more effective vaccine against all forms of TB should be done.