

MTBVAC dose-finding study, a Phase 1b/2a randomized, controlled, double-blind clinical trial, in young adults in South Africa, with and without sensitization to Mycobacterium tuberculosis

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Background: MTBVAC, a live-attenuated Mycobacterium tuberculosis (Mtb) vaccine, was evaluated in South African adults with and without Mtb infection to identify a safe and immunogenic dose level.

Methods: BCG-vaccinated, HIV-negative, South African adults, aged 18-50 years, with/without Mtb sensitization assessed by QuantiFERON-TB Gold-Plus assay (QFT), were enrolled in a Phase 1b/2a randomized controlled clinical trial. MTBVAC vaccine was administered at escalating doses of 5x10³, 5x10⁴, 5x10⁵, and 5x10⁶ to 72 QFT-negative and 72 QFT-positive participants, grouped in 8 cohorts. The comparator vaccine was BCG Japan(0,05 mg at 5x10⁵ CFU), administered to 24 QFT-negative and 24 QFT-positive participants. Adverse Events (AE) were evaluated within 7, 28, and 84 days and Serious Adverse Events (SAE) within 365 days. Immunogenicity outcomes included frequencies of Th1 cytokine-expressing MTBVAC-specific CD4 T cells measured by intracellular cytokine staining, and IFN- γ levels measured by QFT.

Results: Between January 15, 2019, and September 07, 2020, 144 out of 485 screened volunteers (38.5% female) were enrolled, 143/144(99.9%) were vaccinated, and 133/143(92.4%) completed the study. Injection site pain, discharge, erythema, and swelling, increased with MTBVAC dose level. QFT-positive MTBVAC recipients reported more injection site reactions [46/48; 95.5% (95%CI 85.7-99.5%)] than QFT-negative MTBVAC recipients [32/48; 66.6% (95% CI 51.6-79.6%)]. No vaccine-related SAE were reported. MTBVAC 5x10⁵ CFU recipients reported a similar rate of related AE (23/24; 95.8%) as BCG recipients (45/47; 95.7%). MTBVAC 5x10⁵ and 5x10⁶ CFU doses induced Th1 cytokine-expressing CD4 T cell responses that exceeded BCG-induced responses in QFT-negative and QFT-positive participants.

Conclusion: Our results suggest that MTBVAC at the 5x10⁵ CFU dose is safe, tolerable, and immunogenic in adults with prior BCG vaccination. These data are pivotal for planned MTBVAC efficacy trials.

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Conflicts of Interest

None

