

Impact of BCG vaccination against *Mycobacterium tuberculosis* infection in adult Brazilian health-care workers: a nested clinical trial

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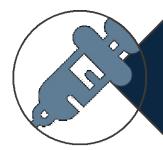


TB vaccination overview





TB vaccination overview



BCG: only vaccine approved for TB prevention



Offers protection in young children against various forms of TB



Uncertain efficacy in adults



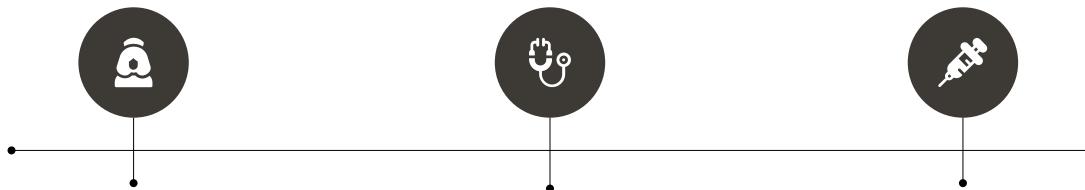


BCG revaccination





BCG revaccination: mixed results



Malawi

Participants aged 3 months - 70 years: no significant protection against confirmed TB infection after 6–9 and 30 years of follow-up.

Brazil

Among adolescents aged 7–14 years: 9% over 5 years and 12% in 9 years of follow-up. Modest efficacy in one site.

South Africa

Among adolescents aged 12 to 17 years: did not show efficacy in preventing initial QFT conversion, but sustained QFT conversion was reduced by 45.4%



BCG vaccination in Brazilian healthcare workers





Brazil study objective

☐ A nested randomized controlled trial within the BRACE trial (NCT04327206)

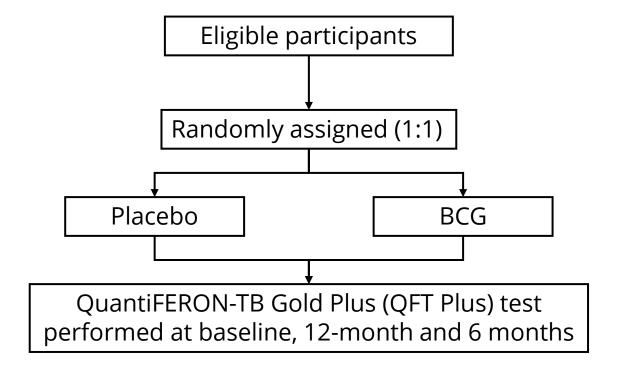


To evaluate the effect of BCG-Denmark on preventing initial and sustained QFT Plus conversion in adult Brazilian healthcare workers without previous *M. tuberculosis* infection.



Study design

- Study population: healthcare workers;
- **Sites**: Campo Grande, Manaus, and Rio de Janeiro.
- **Inclusion**: aged ≥18 years, regardless of previous BCG vaccination.
- Exclusion: contraindications to BCG vaccine, specific TB treatments, adverse reactions to BCG vaccine, recent BCG vaccination, and non-compliance.



Primary outcome: QFT Plus conversion by 12 months who had a negative baseline result. **Secondary outcome:** QFT Plus sustained conversion (two consecutive positive QFT Plus results at least 6 months apart).

Exploratory outcomes: alternative QFT Plus threshold values for QFT conversion (≥ 0.7 IU/mL, ≥ 2.0 IU/mL, and ≥ 4.0 IU/mL); and QFT Plus conversion by 12 months in individuals with an initial QFT Plus value of 0.2 IU/mL or less.

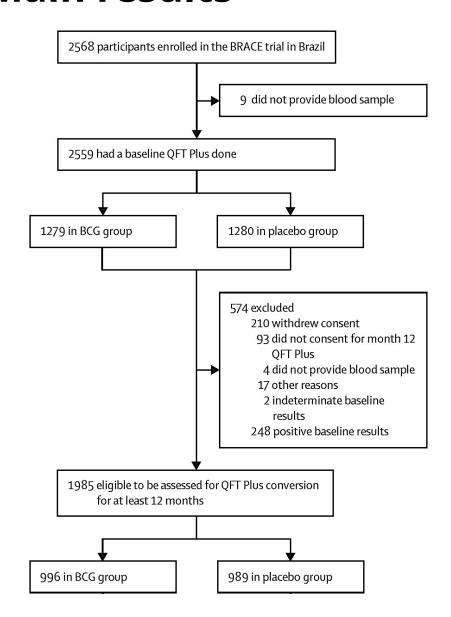


BCG vaccination in Brazilian healthcare workers: main results





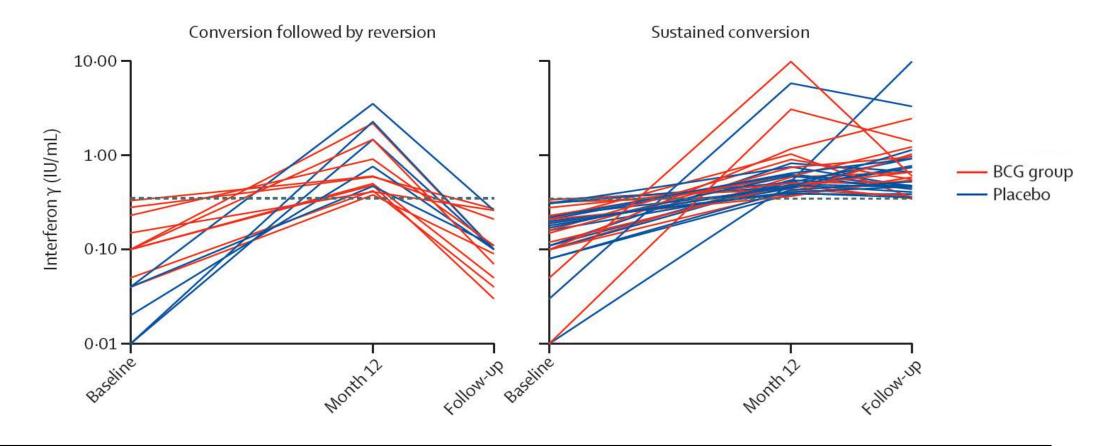
Main results



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	BCG group (n=996)	Placebo group (n=989)
Sex		
Female	723 (72.6%)	752 (76-0%)
Male	273 (27-4%)	237 (24-0%)
Age (years)	39-0 (31-0-47-0)	40.0 (32.0-48.0)
Coexisting condition	223 (22-4%)	228 (23-1%)
Diabetes	35 (3.5%)	40 (4.0%)
Chronic respiratory disease	51 (5.1%)	42 (4.2%)
Cardiovascular disease or hypertension	137 (13.8%)	146 (14-8%)
Any alcohol use	479 (48-1%)	459 (46-4%)
Smoker	96 (9.6%)	106 (10-7%)
Previous BCG vaccination status		
No	37 (3.7%)	40 (4.0%)
1-5 years ago	7 (0.7%)	11 (1.1%)
>5 years ago	952 (95.6%)	938 (94.8%)
Previous positive tuberculin skir	test	
No	948 (95-2%)	918 (92-8%)
Not sure	23 (2-3%)	31 (3.1%)
Yes	25 (2.5%)	40 (4.0%)
Occupation		
Allied health	123 (12.3%)	125 (12.6%)
Administrative or clerical	84 (8-4%)	89 (9.0%)
Physician	36 (3-6%)	36 (3.6%)
Nurse or midwife	97 (9.7%)	103 (10-4%)
Other role	518 (52.0%)	527 (53-3%)
Patient service assistant or hospital maintenance	138 (13.9%)	109 (11-0%)
Site		
Campo Grande	546 (54-8%)	545 (55-1%)
Rio de Janeiro	291 (29-2%)	293 (29-6%)
Manaus	159 (16.0%)	151 (15-3%)



Outcome by study group



We did not find evidence of a difference between the groups of participants who experienced reversion or sustained conversion after the initial QFT Plus conversion.

Outcome by study group

	BCG group	Placebo group	Risk ratio (95% CI)	p value
Primary outcome				
QFT conversion (positivity threshold ≥0.35 IU/mL)	34/996 (3.4%)	32/989 (3.2%)	1.09 (0.67–1.77)	0.791
Secondary outcome				
Sustained conversion (positivity threshold ≥0.35 IU/mL)	15/996 (1.5%)	19/989 (1.9%)	0.80 (0.41-1.57)	0.510
Exploratory outcomes				
QFT conversion (positivity threshold ≥0.70 IU/mL)	15/996 (1.5%)	13/989 (1.3%)	1.15 (0.55-2.45)	0.713
QFT conversion (positivity threshold ≥2.00 IU/mL)	6/996 (0.6%)	5/989 (0.5%)	1.18 (0.36-3.85)	0.788
QFT conversion (positivity threshold ≥4.00 IU/mL)	2/996 (0.2%)	3/989 (0.3%)	0.64 (0.11-3.84)	0.633
QFT conversion (baseline QFT <0·20 IU/mL and positivity threshold ≥0·35 IU/mL)	22/957 (2·3%)	23/950 (2.4%)	0.96 (0.53-1.74)	0.903
Data are n/N (%), unless otherwise specified. QFT=QuantiFERON-TB Gold. *All analyses were done in the intention-to-treat population.				

The BCG-Denmark vaccine did not prevent either QFT Plus conversion by 12 months or sustained QFT Plus conversion compared with placebo

Conclusion





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Conclusions

☐ Previous studies have shown conflicting evidence for BCG revaccination in the prevention of TB, with some studies showing modest protection and others, including ours, showing no significant protection.

□ Our study adds to the mixed evidence on the efficacy of BCG revaccination in adults for preventing TB infection, and current data do not support its use for this indication.

This finding underscores the need to better understand TB prevention in high-risk populations...

Thank you!









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